

- | | |
|----------------------------|-------------------------|
| 1 - Ash Weds. | The Mountain of Calvary |
| 2 - Thurs. after Ash Weds. | Path |
| 3 - Fri. after Ash Weds. | Pitfalls |
| 4 - Sat. after Ash Weds. | Bugs |

1st Week of Lent:

- | | |
|------------|-----------------|
| 5 - Mon. | Dust and Ashes |
| 6 - Tues. | Bushes |
| 7 - Weds. | Boulders |
| 8 - Thurs. | Trees |
| 9 - Fri. | Pharisees/Crowd |
| 10 - Sat. | Water and Basin |

2nd Week of Lent:

- | | |
|-------------|-----------------|
| 11 - Mon. | 3 Crosses |
| 12 - Tues. | Skull and Bones |
| 13 - Weds. | Dark Clouds |
| 14 - Thurs. | Incense (myrrh) |
| 15 - Fri. | Simon of Cyrene |
| 16 - Sat. | Goats |

3rd Week of Lent:

- | | |
|-------------|----------------------------|
| 17 - Mon. | St. Veronica and Veil |
| 18 - Tues. | Lambs |
| 19 - Weds. | Palms |
| 20 - Thurs. | Donkey |
| 21 - Fri. | Purple Robe |
| 22 - Sat. | Weeping Women of Jerusalem |

4th Week of Lent:

- | | |
|-------------|-------------------------------|
| 23 - Mon. | Rope |
| 24 - Tues. | Pillar |
| 25 - Weds. | Scourges |
| 26 - Thurs. | Thorns |
| 27 - Fri. | Board with Inscription (INRI) |
| 28 - Sat. | People passing by |

5th Week of Lent:

- | | |
|-----------|-------------------|
| 29 - Mon. | Sponge of Vinegar |
|-----------|-------------------|

30 – Tues.	Nails
31 – Weds.	Lance
32 – Thurs.	Soldiers
33 – Fri.	Sorrowful Mother
34 – Sat.	Mary Magdalene

6th Week of Lent:

35 – Mon.	St. John
36 – Tues.	Two Thieves
37 – Weds.	Silver Coins
38 – Thurs.	Bread and Wine
39 – Fri.	Jesus
40 – Sat.	Tomb

BEGINNING OF LENT:

1 - Ash Weds.

The Mount of Calvary

Our Dear Lord spends 40 days in the wilderness and even though the mountain is steep, we prepare our souls spiritually and bravely start on the path with Him.

Offer Him your sinful heart as the mountain you will overcome this Lent.

Now is the time my love to show. O Jesus dear, thy grace bestow.

2 - Thurs. after Ash Weds.

Path

What path have I walked during my life? If I haven't gone in the right direction, I will now follow you, dear Jesus, wherever You will go. Help me walk on the path to my true vocation.

May I so live that I will be ready, dear Lord, when you call for me.

3 - Fri. after Ash Weds.

Pitfalls

Carefully walk around the pitfalls of temptation. I will be generous with my brothers and sisters and avoid yelling or fighting over a silly excuse or toy.

Jesus, help me to keep temptations out of my heart.

4 - Sat. after Ash Weds.

Bugs

Watch out for the pesky bugs of distraction as we start the climb up the mountain. I will pay attention during prayers and during spiritual reading, but most especially at the Holy Mass.

**Begone! I'll say, when Satan bids me be lazy or sin.
And since I fight for Heaven I shall win!**

FIRST WEEK OF LENT:

5 - Mon. Dust and Ashes

I will shake off the dust of perceived injury and not listen to foolish feelings of pride and envy when I realize my life is so short, but Heaven is forever.

Angels, round me everywhere, please keep me in your loving care!

6 - Tues. Bushes

See the bushes growing as weeds? I will keep the garden of my heart clean by performing little acts of mortification, by bearing the cold or sitting and standing erect.

Dear Jesus, Who suffered so much for me, let me suffer for love of You.

7 - Weds. Boulders

When anger seizes my heart like giant boulders, I will remember how meek my Jesus was when He suffered for me. I will avoid harsh and mean words and be kind and gentle to all.

Jesus, help me to be meek and humble like You.

8 - Thurs. Trees

The trees stand so tall and yet one immediately obeyed and bowed its bark to become a humble cross for the King of Kings. I will give up my own will and obey my superiors cheerfully and promptly.

**Jesus, I wish to be useful to you;
like a steadfast tree, though small, but oh so true!**

9 - Fri. Pharisees/Crowd

I will diligently remove from my heart every inordinate desire to be praised. I will help those in distress even if it means I will be laughed at or scorned; I will not join the mocking crowd.

Jesus, I was made for Thee; never let us parted be!

10 - Sat. Water and Basin

Have I gone to confession lately or do I pretend I am good? Dear Jesus, I will wash my sins in the water of my tears and happily do the penance the priest gives me.

Jesus, teach me to know and correct my greatest sins.

2ND WEEK OF LENT

11 - Mon. 3 Crosses

I will renew my Lenten offerings to Our Lord and accept the small crosses He sends me through the day to comfort Him in His sorrowful Passion.

“Thy Will be Done,” I’ll quickly say, as soon as sorrow comes my way!

12 - Tues. Skull and Bones

One day we shall die, shall I be remembered for good deeds or bad? While I still have time, I will cheerfully obey the inspirations of my Guardian Angel and the guidance of my parents.

Jesus, immensely good to me, I want to live and die for Thee!

13 - Weds. Dark Clouds

When bad health and sickness makes me feel so ill and the days are dark and long, I will cling to Our Lady and ask her to bring my misery to Our Lord as a gift to ease the coldness of men’s hearts.

“Remember Me,” dear Jesus. I hope to be in Paradise some day with You.

14 - Thurs. Incense (myrrh)

Incense is a prayer before Your altar, Oh Lord, on the Cross. I will offer extra prayers, as incense, through the day for all those who are not in the state of grace but will die today.

May the souls of the faithful departed rest in peace. Amen.

15 – Fri. Simon of Cyrene

I offer my strength to Your service as Simon of Cyrene; help me to use it in the service of others, especially those closest to me.

Jesus accept my service of love; I offer it for those who do not love You.

16 – Sat. Goats

Am I like the goats that kick and butt as I do not finish tasks, but whine and complain and waste my time?

I will do the things I do not like without complaining, especially my homework or my chores, and make better use of my time.

Jesus, I need Thy holy grace; to help me every day and place.

3RD WEEK OF LENT:

17 – Mon. St Veronica and Veil

Does my mother need help with the baby or does my sister need help with her homework or does my brother need help to put on his shoes?

May I see in my family Your image, Dear Lord, and help them in whatever they need.

**As older I grow, my heart must remain childlike and humble,
if Heaven I'll gain.**

18 – Tues. Lambs

I will strive to be like a lamb, meek and patient. I will not murmur or talk behind my parents' back when they give me a command.

Jesus, meek and humble of heart, make my heart like Yours.

19 – Weds. Palms

I will be a peacemaker in my home and not start or join petty fights with my brothers and sisters.

O Jesus, give me for my part, a tender and forgiving heart!

20 – Thurs. Donkey

Do I stubbornly cling to a fault and try to excuse it?

I will be grateful to God for the love He has shown me by dying for me and remember that my faults put Him on that cross.

Jesus, I need Thy grace all days, to free me from all my evil ways.

21 – Fri. Purple Robe

Many times, my things are scattered here and there and not put away, even when my parents asked me to do so. I will keep better care of my things, like my clothes, books or toys, and make sure to put them away when they should be. I will thank God for what I have and remember others may not have the nice things I do and not take it for granted.

Oh Jesus, I wish my life could be, a hymn of gratitude to thee!

22 – Sat. Weeping Women of Jerusalem

Today I will pray for all the children who have no parents to love them, and especially those children who died before they were born.

Little Innocents, pray to Jesus for me and my country!

4TH WEEK OF LENT:

23 – Mon. Rope

Are my companions good friends, who help me to love God more and obey His laws? Or do they tell me I should do things that are not good, like a little rope pulling me away from the Ten Commandments? I will take care to listen to good companions and be a good friend to them.

Jesus, teach me to love you above all things!

24 – Tues. Pillar

I will study my Catechism well so that I can explain my Faith to my brothers and sisters and to anyone who might ask about Our Lord and His Church.

O Thou art mine and I am Thine; Thy cross is both my proof and sign.

25 – Weds. Scourges

Do I forgive quickly and readily, or do I hold a grudge for a long time? I will learn from Jesus to forget and forgive all who hurt and injured me.

O Jesus, give me true contrition; This, today, is my one petition!

26 – Thurs. Thorns

Our Dear Lord is hurt daily by impure actions that drive the thorns deeper into His Head. I can practice modesty in my words, deeds, dress and actions to amend for my past bad actions and those of the world.

Dear Jesus, close my heart to all that hurts You!

27 – Fri. Board with Inscription (INRI)

When I hear Our Lord's Holy name used in vain, do I join in or keep silent? If I hear His name used badly, I will immediately say a silent prayer in reparation for the insult after all He has done for me.

Dearest Mary, help me praise His name, forever and ever. Amen!

28 – Sat. People Passing By

So many people ignore Our Lord and reject His laws. Do I disregard Him, too, and disobey my parents, whom He put in charge of me? When my father or mother ask me to help, I will immediately do as they ask for love of God.

Jesus, obedient all Your life through, Oh, give me the grace to grow like You!

5TH WEEK OF LENT:

29 – Mon. Sponge of Vinegar

Lots of children have nothing to eat today, but I often waste my food or refuse to eat what my mother has prepared for me. At meal time, I will gratefully eat whatever is given me and even if it isn't my favorite, I will offer it for those who have nothing.

O Jesus, loving from the first, for Thee my longing soul doth thirst!

30 – Tues. Nails

In my thoughts have I been jealous of another or thought something bad about them? I will not give into rash judgments about my family or my friends. Instead, I will think kindly of them and be happy for their good fortune.

My Jesus, I want to please You in all I do today.

31 – Weds. Lance

I will not pierce Our Lord with ingratitude; instead I will thank Him for all the gifts He has given me in my home and family and my Faith.

**Oh, I wish my life to be a thanksgiving song,
Singing to Jesus the whole day long!**

32 - Thurs. Soldiers

I will be a soldier of Christ and learn from Him to silently and patiently bear refusals and disappointments.

Little self-denials win God's grace and make my soul the leader of the race.

33 – Fri. Sorrowful Mother

It is the Feast of Our Lady of Sorrows and we see Our Mother sharing the torments of Jesus, embracing Him, kissing Him, and adoring Him. Let us hasten to her with pure and loving hearts and under her lovely blue mantle let us hide for a moment of prayer.

O Mother of Sorrows, I grieve with thee, and beg forever thy child to be!

34 – Sat. Mary Magdalene

She was forgiven all her sins by Our Lord because she loved Him so much! I shall be like Mary Magdalene and offer my love to Jesus throughout the day.

Jesus you've done so much for me, I'm in your debt eternally.

6TH WEEK OF LENT:

35 – Mon. St. John

St. John comforted Our Lady in her great distress. Do I comfort others when they are sad or hurting? If I see someone hurting or sad, I will try to help them and comfort them when they are grieving.

O Jesus, make me very kind, so as to always fill my heart and mind!

36 – Tues. Two Thieves

Every day I choose between two destinies: heaven or hell. Are my habits good habits that help me choose Heaven? I will cultivate habits of being prompt and ready to go in the morning, doing my homework well, helping around the house and listening to my parents right away.

Oh, Jesus make me quick to see, that service which is dear to Thee!

37 – Weds. Silver Coins

For 30 pieces of silver Judas betrayed Jesus. Do I betray Jesus when I do not tell the truth or cause my brother or sister to get in trouble? I will not believe the devil any longer when he tempts me to lie because he will not bring me happiness.

Jesus, give me a loyal heart, where sin will not even have a small part.

38 – Thurs. Bread and Wine

I will offer Our Lord acts and prayers of perfect love for these precious anniversaries: The First Mass and for giving Himself in Holy Communion. Jesus, I thank you with all my heart for this gift of the Blessed Sacrament.

**You knew I'd hunger, Lord, for Thee,
So you found a way my Food to be.**

39 – Fri. Jesus

What can I do today but kneel and watch You and to love You for giving Your very life for me – the price You paid to open heaven for me! I will kiss Your Sacred Feet, nailed to the Crucifix, as a sign that I will cling to You, and hold You, and never let You go.

I love You, Jesus, on that Tree; where you lovingly died for me.

40 – Sat. Tomb

We prepare with Our Lady for the happy moment when Our Lord shall return by going to confession. We have cast the “old man” of sin out and the “new man” will rise with Christ. We ask our angel to guard our soul as they guarded the tomb of Our Lord and we get ready to greet Him tomorrow.

**Dear Jesus and Mary, I love you so!
Oh be there to greet me when home, one day, I will go!**